



## NOTICE OF PATIENT INFORMATION PRACTICES

**This notice describes how medical information about you may be used or disclosed and how you can get access to information. Please review it carefully.**

### PILLARS PHYSICAL THERAPY & WELLNESS CENTER'S LEGAL DUTY

Pillars Physical Therapy & Wellness Center is required by law to protect the privacy of your personal health information, provide this notice about our information practices and follow the information practices that are described herein.

### USES AND DISCLOSURE OF HEALTH INFORMATION

Pillars Physical Therapy & Wellness Center uses your personal health information primarily for treatment; obtaining payment for treatment; conducting internal administrative activities and evaluating the quality of care that we provide. For example, Pillars Physical Therapy & Wellness Center may use your personal health information to contact you to provide appointment reminders, or information about treatment alternatives or other health-related benefits that could be of interest to you.

Pillars Physical Therapy & Wellness Center may also use or disclose your personal health information without prior authorization for public health purposes, for auditing purposes, for research studies and for emergencies. We also provide information when required by law.

In any other situation, Pillars Physical Therapy & Wellness Center's policy is to obtain your written authorization before disclosing your personal health information. If you provide us with a written authorization to release your information for any reason, you may later revoke that authorization to stop future disclosures.

Pillars Physical Therapy & Wellness Center may change its policy anytime. When changes are made, a new Notice of Information Practices will be posted in the waiting room and patient exam areas and will be provided to you on your next visit. You may also request an updated copy of our Notice of Information Practices at anytime.

### PATIENT'S INDIVIDUAL RIGHTS

You have the right to review or obtain a copy of your personal health information at anytime. You have the right to request that we correct any inaccurate or incomplete information in your records. You also have the right to request a list of instances where we have disclosed your personal health information for reasons other than treatment, payment or other related administrative purposes.

You may also request in writing that we not use or disclose your personal health information for treatment, payment and administrative purposes except when specifically authorized by you, when required by law or in emergency circumstances. Pillars Physical Therapy & Wellness Center will consider all such requests on a case-by-case basis, but the practice is not legally required to accept them.

### CONCERNS AND COMPLAINTS

If you are concerned that Pillars Physical Therapy & Wellness Center may have violated your privacy rights or if you disagree with any decisions we have made regarding access or disclosure of your personal health information, please contact our practice manager at the address listed above. You may also send a written complaint to the US Department of health and Human Services.

For further information on Pillars Physical Therapy & Wellness Center's health information practices, or if you have a complaint, please contact:

**Anna Suarez, DPT, MHA**  
Physical Therapist